

BIIN03

(BIIN03A) Recognition of Responsibility

ACCOUNTABILITY

A Person Who Has Battered A Partner Becomes Accountable When:

1. He has acknowledged to the battered woman and to their community of friends and family that he has assaulted and controlled a woman, and that he has committed acts of violence against her.
2. He has admitted the pattern of abusive control which tyrannized her
3. He has admitted that his behavior was unprovoked and inexcusable
4. He knows his behavior was criminal
5. He understands his behavior was not caused by stress, chemical dependency, or any other outside factor
6. He knows he was not out of control
7. He admits that he intended to control or punish her
8. He deeply regrets his actions, and is appalled
9. He recognizes the pain and suffering he visited upon her
10. He accepts full responsibility for his acts
11. He acknowledges this without expectations of approval from her
12. He understands he is not entitled to her forgiveness
13. He recognizes that the woman may never trust him again, and may remain afraid of him forever
14. He can enumerate the losses suffered by her and her family
15. He does not expect protection for his name
16. He realizes he needs the help of his family, his friends and his community to prevent further use of violence
17. He knows that he needs to find others to support him in non-violence
18. He knows clearly that there is nothing in the relationship or the woman that caused the battery
19. He knows he is at risk for battering any woman in the future
20. He realizes that the battered woman should not have to hear any of the above points from him, unless she desires to hear it.

In addition, if the battered partner has left:

21. He agrees to limit contact with her, her friends and her family
22. He agrees to stop chasing and tracking her
23. He agrees to avoid the places she frequents, and to provide her with plenty of space away from him
24. He agrees to stop collecting information about her
25. He understands he needs to pay restitution, which could mean child support and/or alimony if she desires it, and he agrees to support her in this restitution as long as she needs it, to replace the losses she has sustained; and finally,
26. He refuses to manipulate their children to discredit her.

When you, as a man who has battered a woman, can do all of the above, then and only then, are you accountable to the woman you have battered, to battered women as a group, and to yourself.

(BIIN03B) Her Right Not To Be Beaten

NO ONE HAS THE RIGHT TO ABUSE ANOTHER PERSON.

EVERYONE HAS THE RIGHT TO MAKE CHOICES AND CHANGES FOR THEMSELVES.

EVERYONE HAS A RIGHT TO THEIR THOUGHTS AND FEELINGS AND TO THINK ABOUT THEMSELVES IN NEW WAYS.

1. She does not cause my violent behavior.
2. She does not like or want to be beaten.
3. She does not have to take it.
4. She is an important human being.
5. She deserves to be treated with respect.
6. She has the power over her own life.
7. She can use her power to take good care of herself.
8. She can decide what is best for her.
9. She can make changes in her life if she wants to.
10. She is not alone; she can ask others for help.
11. She deserves a safe and healthy life.
12. She has the right to live in the safety and calm of a violence free home.
13. She has the right to personal happiness without interference.
14. She has the right to live in her own house without being molested or injured.