



Community Crisis Center, Inc.

Serving the Community since 1975

January/February 2015

We provide Safety, Hope, Advocacy, Respite and Education for those impacted by crisis and violence in the Fox Valley Region and Illinois.



You are invited!

To the 28th Annual Auction.

It's an evening of fun, great food, and fantastic silent and live auction items up for purchase. A great way to support the Community Crisis Center and have a fun evening at the same time!

Click [here](#) for further information

See below for ways to help with the auction. From supplying goods and services to volunteering, there is a job for all.

Inside this issue:

Auction Information	1
Holiday Recap	2
Recent Grants	2
What you have done	2
Crisis Center gets youth volunteers for Mitzvah Day	3
The Long Red Ribbon	3
Coming Events	4
Economic Effects of Teen Dating Violence	4

Want to help with the Auction?

Here's What You Can Do

Be a Sponsor: From Gold to Friend there is a sponsorship level to meet your needs. Sponsorship entitles you to various advertising in our auction booklet and at the event; higher levels receive complimentary tickets to the auction. Contact Kari at 847-742- 4088 x 128 or ksheppard@crisiscenter.org

Make a Donation: We welcome items or certificates for any of the following categories: Home Sweet Home & Holidays; Outdoor Living/Garden; Fitness & Sports; Novelty Items/Showbiz; Personal/Health/Beauty; Antiques & Collectibles/Art; Planes, Trains & Automobiles; Children & Family; Food & Fine Dining; and Live Auction. High on our list this year are trips, kayak, iPod, plasma screen television, Kindle, and special events or sports tickets. For more information or to make a contribution, contact Kari at 847-742-4088 x 128 or ksheppard@crisiscenter.org

Volunteer: Scores of volunteers are needed for daytime set up and evening management on 3/14/15. If interested please contact Deena Duda at (847) 742-4088 x 152 or dduda@crisiscenter.org

Click [here](#) for further information....And.....Be sure to attend!



Your contributions made a happy holiday

In any language, thanks are appreciated. We, at the Community Crisis Center get to hear them, but the **heartfelt thanks we hear from our clients are really meant for you in the community who make the things we do possible!**

We want to share with you the things we have been able to do through your gifts and donations.

Once again, the community came together to make sure that holiday meals were available for needy families.

- In November 375 households received Turkey and fixin's for ten persons.
- In December 200 households received ham and fixin's for a household of eight.

The Holiday Toy Give-Away provided 2000+ families with over 6,000 toys and stocking stuffers. Not only did you provide the toys, but the community provided over 225 volunteers to set up and distribute them.

Delta Sigma Theta Sorority, the Crisis Center Staff, and Santa provided a party for clients and former clients at the First United Methodist Church.

Santa was able to give each child a cuddly stuffed animal made by the elves at The Greens Retirement Community in Barrington.

As usual, Santa arrived at the Crisis Center to give toys and gifts to both moms and children. He could not do this without the help of the elves who provide both gifts and funding. It was great fun.



You did this in the past six months

Because of the donations made by the community, we were able to do this in the past six months:

- Provide 1037 families with 12,883 emergency meals
- Give 1,122 families 2,186 referrals to the Interfaith Food Pantry
- Provide toiletries to 866 households for a total of 18,225 toiletries (big and individual sizes)
- Provide 553 households with a total of 18,913 diapers/wipes
- Give a total of 876 coats to 337 households (and, winter is not over yet)



Thank you for grants given during the last quarter from:

- **Bethlehem Evangelical Lutheran Church Endowment, Elgin**
- **The Bufka Foundation**
- **Ecolab Community Grant**
- **George M. Eisenberg Foundation for Charities**
- **EFS Foundation**
- **JP Morgan Chase Foundation**
- **TJX Foundation**
- **Verizon Foundation**



Youth from Congregation Kneseth Israel participated in Mitzvah Day in November by sorting food donations at Community Crisis Center. Mitzvah Day is a concerted effort, on a single day to bring youth from many congregations up and down the Fox River Valley together to volunteer in the community and participate in the holy task of tikkun olam, repairing the world.

One Billion Rising — February 14

The Long Red Line - Voices Unite to End Violence

One Billion Around the World Rising for Change

February 14, 2015

2:00 to 4:00 pm

Gail Borden Library, 270 North Grove Avenue in Elgin

Un-muffle your voice – join The Long Red Line and help create change through self expression, surviving abuse, growing self-esteem, raising our children nonviolently, developing & supporting community resources.

Bring a red cloth, any length, made of any material, any shade of red. Knit it, crochet it, sew it, buy it, or create your own artistic version of it.

On Valentine's Day, show your love and support for the one in three women and the one in seven men victimized by rape and other forms of violence.

Free Refreshments – Free Parking

For more information on how you can help, contact the Elgin Community Crisis Center at 847-697-2380.

One Billion Rising/Elgin is part of the global campaign by women, for women, calling for an end to violence, and for justice and gender equality.



Calendar

Ongoing:

Drop-In Domestic Violence Support Groups

Tues. 6:30-8:00 pm.—English

*Wed. 6:00-8:00 pm -- Spanish

*Fri. 9:00-10:30 am

Expressive Art— English

*Childcare Provided

Sexual Assault Drop-In Group

Monday 6:00-7:30 p.m.—

Spanish

Parenting with Love and Logic 2015:

Session 2 (2/17/15-03/24/15)

Session 3 (3/31/15-5/5/15)

Coming Events

February 14 2pm-4pm The Long Red Line (One Billion Rising Event) Gail Borden Library

March 14, 5:30- ???

Spring Gala (Auction)

TEEN DATING VIOLENCE HAS LONG-TERM ECONOMIC EFFECTS*

As teens begin to navigate the new and exciting world of “more than just friends” relationships, one can expect there to be some drama involved. Hopefully, it’s all just harmless life lessons that help them grow and mature. But for some, the drama isn’t so harmless. According to a survey from the Centers for Disease Control, nearly 10 percent of high school students reported they were hit, slapped or otherwise physically hurt by a boyfriend or girlfriend within the last 12 months.^[1]

A first-of-its-kind study out of Michigan State University now shows that dating violence experienced before age 17 can also result in less education and a lower income later on in life.

“....Abusive partners can make it difficult to get to school. They can destroy their partner’s homework, or cause them to be late to take a test or miss classes. They can make them unable to complete school.” says the study’s lead researcher, Adrienne Adams.

Adams says dating violence can also impact a person’s psychological well-being. “It makes it hard to concentrate and be physically present [in school].” There’s also the fear of friends seeing injuries that result from a violent relationship, which could keep them from attending school.

In the study, not completing school or going on to obtain a higher education meant earning a lower income overall. The study’s participants averaged 32 years old and earned less than \$7,000 per year. Those who had completed less school were also those who had experienced dating violence as an adolescent. The research found that each additional year of education completed equated to \$855 of income more per year.

So why would an abuser—especially in a teenage relationship—prevent their partner from getting an education?

According to Adams, it all goes back to power and control. “It’s a mechanism to keep the victim trapped. If you keep your partner from going to school, she doesn’t have options. She’s trapped by poverty, trapped in a relationship.”

If the abusive relationship continues into adulthood, the lack of education and income will continue to hurt the survivor. Adams, who previously worked in a domestic violence shelter, says she saw how a lack of financial resources was a huge barrier for abused women. “The better off financially you are, the more options you have. In our society, money is power. Imagine completely rebuilding your life with only the clothes on your back. What are you going to do?” She says many survivors choose to go back to their batterer. “It’s so hard. Women of resources don’t go into shelters.”

Her first-hand experience seeing what survivors go through is what propelled her to begin her research. The bottom line, she says, is not simply telling teens to leave an abusive relationship. “As an outsider, we shouldn’t say that getting out is the only way to go. It’s not always the safest thing to do. We need to do a better job of having nonjudgmental support available so teens and adult women have people they can turn to.”

You can find more information that can help [teach teens about dating violence and help teens identify the signs of violence](#) in the domesticshelters.org article archive for children and teens.

*Adapted from an article at domesticshelters.org. To see complete article, [click here](#).

[1] http://www.cdc.gov/violenceprevention/intimatepartnerviolence/teen_dating_violence.html